



## Domestic Abuse – where to get help

This information sheet provides useful contact details for anyone who is experiencing domestic abuse. Below are organisations that offer assistance or can be contacted if you just want someone to talk to about the circumstances in the first instance.

If there is an emergency that needs immediate attention, please contact Surrey Police on **999** (or **101** for non-emergency matters).

Your Sanctuary, Surrey	01483 776822 24 hour confidential helpline
East Surrey Domestic Abuse Services (ESDAS) Serving those who live or work in Reigate & Banstead, Mole Valley and Tandridge.	01737 771350 Mon-Fri 9.00am-4.00pm
North Surrey Domestic Abuse Outreach Service Serving Woking, Runnymede, Surrey Heath, <i>Elmbridge, Spelthorne and Epsom &amp; Ewell.</i>	01932 260690 Outreach: Mon-Fri 9.30am-4.00pm
South West Surrey Domestic Abuse Outreach Service Serving Guildford and Waverley. Offer direct services to male victims.	01483 577392 Outreach: Mon-Fri 9.00am-3.00pm
Reigate and Banstead Women's Aid	01737 771831 Refuge: Mon-Fri 8.30am-4.30pm
Victim Support Surrey	0845 389 9528 Mon-Fri 8.00am-8.00pm Saturday 9.00am-5.00pm
Broken Rainbow The LGBT domestic violence charity	0300 999 5428 (or free phone on 0800 999 5428) Monday and Thursday: 10am - 8pm Tuesday and Wednesday: 10am - 5pm Friday: 1pm - 5pm
The Dash Charity (Formerly BESBWA) Serving South East England and local authority areas of Slough, Windsor & Maidenhead. Male worker may answer calls. Can accept cross boundary referrals.	01753 549865 Refuge, outreach, drop-in and IDVA: Mon-Fri 9.00am-5.00pm
National Domestic Violence Helpline Run in partnership between Women's Aid and Refuge	0808 200 0247 (women) 0808 801 0327 (men) Free phone 24 hour helpline